#### Sako Ohanesian DDS, FAGD, FICOI, AFAAID

values relationships with his patients, as well as continuing education and technical innovation. He has a large general dental practice in Anaheim, CA where he offers restorative and preventative dental services, including treatment with the Perio Protect Method<sup>TM</sup>.

## How has the Perio Protect Method™ been successful in your office?

I have been offering patients this treatment method since 2008 and have seen remarkable results with enthusiastic perio patients. The success of the Perio Protect Method™ in my office has brought a deeper patient-doctor trust and relationship. I feel that this trust has spilled over in other areas of dental treatment, which has added a higher percentage of treatment acceptance.

#### Are most of your patients responding well to the method?

Yes, nearly all of my patients have had significant improvements after using the method. I have come to expect good results for any patient following treatment guidelines.

#### What have been the biggest obstacles to treatment with the method?

Initial acceptance of the idea of wearing a customized tray to deliver medication has been the biggest obstacle. The Perio Protect Method™ is simple and the comfortable tray delivery of medication can be incorporated into any hygiene routine. Once educated, patients ask me why they haven't heard of this before. Overall, patient acceptance has been exceptional.

### How did you learn about the Perio Protect Method™?

During my involvement with the Academy of General Dentistry Master Track Program, one of my colleagues mentioned that he had incorporated the Perio Protect Method™ into his practice and had seen excellent results. The method made perfect sense – administering antimicrobial agents to the source. I recognized that this treatment would benefit my patients who have hard-to-tackle gum disease.

# How do you implement the method into your treatment plans?

Once I diagnose patients with periodontitis, I set up a treatment plan of subgingival scaling and root planing followed by perio maintenance in conjunction with the customized tray placement of prescribed medication. I offer the Perio Protect Method<sup>TM</sup> to every patient who has periodontitis.

# If you were to recommend the Perio Protect Method™ to a colleague, what would you say?

Perio Protect works. I have seen the results with my patients. This is a great technique in the battle against long-term gum disease. Pp.

